

## 4 Quadrants

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The 4 Quadrants tool from Integral Theory, a framework developed by Ken Wilber that identifies the different dimensions of human and community development. It takes into account the internal aspects of an individual and the collective, such as individual or shared beliefs as well as the external aspects that we can see or measure, such as individual behaviors and collective systems and structures.

Current advocacy efforts to improve conditions in communities can tend to only focus on external, easily measurable components of development, such as behavior or policy changes. **When policy and behavior change initiatives ignore the interior aspects of individuals and communities, which motivate us and shape the way we think and act, the effect can often be temporary at best.**

It is important to recognize that policies and behaviors are an externalization of personal, or interior, aspects of individuals and communities, such as their beliefs, identities, motivations, values and worldviews.

This tool can be used to identify existing resources in all four quadrants, as well as gaps, which can help to determine one's goals and objectives to build capacity or create change.

